

**Class-Based Rejection Sensitivity Questionnaire**  
Version Attached: Full Test

**PsycTESTS Citation:**

Rheinschmidt, M. L., & Mendoza-Denton, R. (2014). Class-Based Rejection Sensitivity Questionnaire [Database record]. Retrieved from PsycTESTS. doi: <http://dx.doi.org/10.1037/t33730-000>

**Instrument Type:**

Rating Scale

**Test Format:**

The Class-Based Rejection Sensitivity Questionnaire consists of 6 scenario items. Items are structured such that anxiety over rejection is rated on a 6-point scale from 1 (very unconcerned) to 6 (very concerned) and expected acceptance from others is rated on a 6-point scale from 1 (very unlikely) to 6 (very likely).

**Source:**

Rheinschmidt, Michelle L., & Mendoza-Denton, Rodolfo. (2014). Social class and academic achievement in college: The interplay of rejection sensitivity and entity beliefs. *Journal of Personality and Social Psychology*, Vol 107(1), 101-121. doi: 10.1037/a0036553

**Permissions:**

Test content may be reproduced and used for non-commercial research and educational purposes without seeking written permission. Distribution must be controlled, meaning only to the participants engaged in the research or enrolled in the educational activity. Any other type of reproduction or distribution of test content is not authorized without written permission from the author and publisher. Always include a credit line that contains the source citation and copyright owner when writing about or using any test.

## Class-Based Rejection Sensitivity Questionnaire

### Items

---

Instructions: Please answer the following items with respect to your socioeconomic status (i.e., social class background). Please imagine yourself in each situation and select the number that best indicates how you would feel.

- Imagine you are in class at the start of the Spring semester talking about what you did over the winter break. You realize that several of the students around you come from a very different socioeconomic background than you do.
  - How **concerned/anxious** would you be that the other students might reject you after learning about your socioeconomic status?
  - The other students would accept me after learning about my socioeconomic status.
- Imagine you are at Student Services to complete an information update. As part of the update, you are asked for an estimate of your parents' income. One of your classmates is at the Student Services office and offers to hand your form in with his. If you give him your form he will clearly be able to see your parents' income.
  - How **concerned /anxious** would you be that your classmate might reject you after seeing your parents' income?
  - My classmate would accept me after seeing my parents' income.
- Imagine that your college boyfriend/girlfriend's parents want to come and visit you at your house over the summer. His/her parents are from a different socioeconomic status background than your parents.
  - How **concerned/anxious** would you be that your boyfriend/girlfriend's parents might reject you after seeing your parents' home?
  - My boyfriend/girlfriend's parents would accept me after seeing my parents' home.
- Imagine that you and a friend have stopped at an ATM to grab cash before going to the movies. As you withdraw money, you realize that your friend is standing very close to you and may be able to see your account balance.
  - How **concerned/anxious** would you be that your friend might reject you if he/she saw your account balance?
  - My friend would accept me after he/she saw my account balance.

### Class-Based Rejection Sensitivity Questionnaire

#### Items

---

5. Imagine that you are in class having a discussion about living in different types of neighborhoods. Your neighborhood comes up, but no one knows you live there.

(A) How **concerned/anxious** would you be that your classmates would reject you after learning which neighborhood you're from?

(B) My classmates would accept me after learning which neighborhood I'm from.

6. Imagine that you are responding to an ad for a roommate in a two-bedroom apartment. The other person has asked for some more information about you, including socioeconomic status-related information.

(A) How **concerned/anxious** would you be that the other person would reject you after learning your socioeconomic status?

(B) The person would accept me after learning about my socioeconomic status.

---